



May

2014

Team 24/7 Lacrosse U11 Select Team

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4 Yoga: 7am-8am 2pm Scrimmage @ Xtreme	5	6	7	8	9	10
11 Practice @ Carmel Road Park 5:30 PM to 7:00 PM	12	13	14	15	16	17
18 Scrimmage w/Turn & Burn 6pm	19	20	21	22	23	24
25	26	27 Sharon Elementary 6pm-8pm Practice	28 Sharon Elementary 6pm-8pm Practice	29 Sharon Elementary 6pm-8pm Practice	30 Travel Day	31 NXT SC Shootout Greenville, SC



June

2014

Team 24/7 Lacrosse U11 Select Team

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 NXT SC Shootout Greenville, SC	2 5:30-6:30pm Speed Camp (REQUIRED) 6:30-8pm Positional Camp (OPTIONAL)	3 Sharon Elementary 6pm-8pm Practice	4 Sharon Elementary 6pm-8pm Practice	5 Sharon Elementary 6pm-8pm Practice	6 Sharon Elementary 6pm-8pm Practice	7 Sharon Elementary Practice 8-10am
8	9 5:30-6:30pm Speed Camp (REQUIRED) 6:30-8pm Positional Camp (OPTIONAL)	10 Sharon Elementary 6pm-8pm Practice	11 Sharon Elementary 6pm-8pm Practice	12 Sharon Elementary 6pm-8pm Practice	13 Sharon Elementary 6pm-7pm Practice (Walkthrough)	14 Catawba Classic, Rock Hill SC
15 Catawba Classic, Rock Hill SC	16 5:30-6:30pm Speed Camp (REQUIRED) 6:30-8pm Positional Camp (OPTIONAL)	17 Sharon Elementary 6pm-8pm Practice	18 Sharon Elementary 6pm-8pm Practice	19 Sharon Elementary 6pm-8pm Practice	20 Sharon Elementary 6pm-7pm Practice (Walkthrough)	21 Warrior Southern Sizzle, Charlotte NC
22 Warrior Southern Sizzle, Charlotte NC	23 5:30-6:30pm Speed Camp (REQUIRED) 6:30-8pm Positional Camp (OPTIONAL)	24 Sharon Elementary 6pm-8pm Practice	25 Sharon Elementary 6pm-8pm Practice	26 Sharon Elementary 6pm-8pm Practice	27 Travel Day to VA Beach, VA	28 Shorewars Tournament, VA Beach, VA
29 Shorewars Tournament, VA Beach, VA	30 OFF					



July

2014

Team 24/7 Lacrosse U11 Select Team

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 OFF	2 OFF	3 OFF	4 OFF	5 OFF
6 OFF	7 OFF	8 Sharon Elementary 5:30-7pm Practice	9 Sharon Elementary 5:30-7pm Practice	10 Sharon Elementary 5:30-7pm Practice	11	12 Summer Throwdown, Charlotte NC
13 Summer Throwdown, Charlotte NC	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		